



# SADYA

TASTES OF KERALA



## SAVORY NIBBLES

### SAMOOSAS

R10 EACH

Potato

Feta & Spinach / Cheese & Corn

Beef Mince / Chicken Mince

## VEGAN & VEGETARIAN

### PARIPPU / DHAL CURRY

R75 - 260G / R140 - 520G / R410 - 1.5KG

Red lentils in a ghee coconut tomato gravy topped w/ fried dried chilies, mustard seeds, curry leaves & fresh coriander

### SADYA PINEAPPLE CURRY

R85 - 260G / R160 - 520G / R470 - 1.5KG

Pineapples in a sweet, sour & spicy ginger, coconut, yoghurt gravy w/ fresh curry leaves

### KERALA VEGAN CURRY

R85 - 260G / R160 - 520G / R470 - 1.5KG

Chickpeas & potatoes OR lentils & butternut in a mild spicy coconut tomato masala gravy w/ fresh coriander

### KERALA VEGAN STEW

R85 - 260G / R160 - 520G / R470 - 1.5KG

Mixed vegetables in a creamy coconut gravy made w/ spices, ginger, garlic & green chili; topped w/ fresh black pepper & curry leaves

## SEAFOOD

### MEEN MANGA CURRY

R100 - 260G / R190 - 520G / R560 - 1.5KG

Green mango & butterfish slow cooked in a spicy ginger & coconut gravy

### KOCHI KINGKLIP & PRAWN CURRY

R115 - 260G / R220 - 520G / R650 - 1.5KG

Pan-fried kingklip, prawns & cherry tomatoes in a spicy mild coconut pepper turmeric gravy w/fresh curry leaves & topped w/ lemon

### SHER'S SWORDFISH BIRIYANI

R120 - 325G / R240 - 695G / R680 - 2KG

Fried swordfish curry layered w/ fragrant basmati rice infused with saffron milk, melted ghee; w/ mint, coriander & fried onions





## CHICKEN

### AMMA'S STEW

*R95 - 260G / R180 - 520G / R530 - 1.5KG*

Free-range chicken (on the bone) w/ potatoes, carrots & peas in a mild peppery coconut gravy

### MALABAR CHICKEN CURRY

*R95 - 260G / R180 - 520G / R530 - 1.5KG*

Free-range chicken (on the bone) w/ potatoes in a mild spicy coconut tomato masala gravy topped w/ fresh coriander

### APPA'S CHILLI CHICKEN

*R105 - 260G / R200 - 520G / R590 - 1.5KG*

Marinated chicken pieces (on the bone) lightly corn flour battered and fried w/ peppers & Indochinese sauce, topped w/ roasted cashews, spring onions & sesame seeds

### SHER'S CHICKEN BIRIYANI

*R125 - 325G / R240 - 650G / R710 - 2KG*

Malabar chicken curry layered w/ fresh mint, coriander, fried onions, fragrant basmati rice topped w/ fried onions, ghee roasted cashews, saffron milk, melted ghee, fresh mint & coriander



## BEEF

### AMMA'S BEEF STEW

*R100 - 260G / R190 - 520G / R560 - 1.5KG*

Grass fed beef (on the bone) w/ potatoes, carrots & peas in a mild peppery coconut gravy

### NAADAN BEEF CURRY

*R100 - 260G / R190 - 520G / R560 - 1.5KG*

Grass fed beef (on the bone) w/ potatoes in a mild spicy coconut tomato masala gravy topped w/ fresh coriander

### APPA'S CHILLI BEEF

*R110 - 260G / R210 - 520G / R620 - 1.5KG*

Marinated beef strips lightly corn flour battered and fried w/ peppers & Indochinese sauce, topped w/ roasted cashews, spring onions & sesame seeds

### AMMA'S BEEF ROAST

*R110 - 260G / R210 - 520G / R620 - 1.5KG*

Grass fed beef (on the bone) slow cooked; fried in coconut oil w/ spices, curry leaves, fresh coconut slices in a thick pepper gravy





## LAMB

### AMMA'S LAMB STEW

R110 - 260G / R210 - 520G / R620 - 1.5KG

Grass fed lamb knuckle w/ potatoes, carrots & peas in a mild peppery coconut gravy

### KERALA LAMB CURRY

R110 - 260G / R210 - 520G / R620 - 1.5KG

Grass fed lamb knuckle w/ potatoes in a mild spicy coconut tomato masala gravy topped w/ fresh coriander

### SHER'S LAMB BIRIYANI

R140 - 325G / R270 - 650G / R800 - 2KG

Kerala lamb curry layered w/ fresh mint, coriander, fried onions, fragrant basmati rice topped w/ fried onions, ghee roasted cashews, saffron milk, melted ghee, fresh mint & coriander

## SIDES

### WHITE BASMATI RICE

R35 - 260G / R70 - 520G / R180 - 1.5KG

### WHITE / BROWN ROTI

R45 - PACK OF FIVE LARGE

### FLAKEY PARATHA // PLAIN / GHEE DOSA

R15 - EACH // R10 / R15 EACH

### CRISPY POPPADOM // MANGO ACHAR

R10 EACH // R10 - 30G / R80 - 400G

### CUCUMBER RAITA

R15 - 65ML / R100 - 1L

## SWEET TREATS

### CARDAMOM VANILLA CUPCAKES W/ VANILLA BUTTERCREAM

R180 FOR SIX LARGE

### CINNAMON CARROT PINEAPPLE COCONUT PECAN CUPCAKES W/ LEMON CREAM

CHEESE BUTTERCREAM

R250 FOR SIX LARGE

## RING DOORBELL FOR SERVICE



WHATSAPP 081-367-0927

54 DALMORE ROAD, TOKAI

OPEN DAILY 9AM - 7PM\*

WWW.SADYA.CO.ZA

\*SUBJECT TO CHANGE WITHOUT ANY NOTICE



**FRESH & FROZEN  
SOUTH INDIAN DISHES!**

MADE TO ORDER / BASED ON IN STOCK AVAILABILITY